



Rossmoor EPO Room & Zoom October meeting:

**"Great California ShakeOut Drill and
How to Drop, Cover and Hold On
During a Major Rossmoor Earthquake"**

**Time: Monday October 6, 2025 at 10:00 am
In the Peacock Hall (Movie Theater), and online in Zoom**

THE FEATURED HYBRID MEETING PANELISTS



**Ken Jonah (New EPO
Chairman)**



**Harris Greenberg (EPO Tech
Support Lead)**



**Colene Reams-Trinterud
(EPO Past-President, and Red
Cross Blood Program Lead)**



**Mark Benthien (Executive
Director of the Earthquake
Country Alliance)**



**Alan Katsura (EPO Volunteer
Zoom Host)**

AGENDA

- **Ken Jonah** (New Rossmoor EPO Chairman) will provide an update on EPO upcoming meetings, and introduce the panelists.
- **Harris Greenberg** (EPO Tech Support Lead) will provide a brief Public Safety report, since Tom Cashion is currently out of town.
- **Colene Reams-Trinterud** (EPO Past-President and Red Cross Blood Program Lead), - will provide an update on the upcoming blood drives in 2025 and 2026.
- **Mark Benthien** (Executive Director of the Earthquake Country Alliance, and Director of Communications, Education and Outreach for Southern Calif. Earthquake Center) will discuss (1) The Great California ShakeOut Drill; (2) How to Drop, Cover and Hold On during a Major Rossmoor Earthquake; and (3) The "USGS's HayWired Scenario."
- **Ken Jonah** - Closing remarks



The Great California ShakeOut Drill Thursday, October 16, 2025

This year's International ShakeOut Day is October 16, when millions of people worldwide will participate in earthquake drills at work, school, or home!

At 10:16 a.m. (local time) on 10/16, you can join millions of people across California practicing earthquake safety. While we encourage you to participate with everyone, you can register your ShakeOut drill for any day of the year, and drill at a time of your choice. You can also include people in multiple locations through video conferencing.

**To be included in the 2025 Great California ShakeOut!
Click on this Link:**

<https://www.shakeout.org/register/index.php?start=california>



New Residents Fair scheduled for Oct. 29, 2025

- The Recreation Department will host a New Residents Fair on Wednesday, Oct. 29 from 10:30 a.m. to 12:30 p.m. in the Event Center's Tahoe Room. The fair is geared toward residents who have moved to Rossmoor since July 2024.
- Residents will have an opportunity to learn about health and wellness programs through the Fitness Center and Counseling Services; recreational activities such as excursions, special events or concerts and activities; the roughly 200 clubs and organizations that they can join; and services such as transportation, Comcast, public safety, functions of Rossmoor Property Management (RPM) such as work orders and alterations; and the Rossmoor News and TV. There also will be bingo and drawings.

Reservations are by invitation only. Make sure to reserve by Friday, Oct. 24 by emailing RecreationDesk@Rossmoor.com or calling (925) 988-7700.



Rossmoor EPO Room & Zoom November Meeting:

Easy Steps to Becoming a Resilient 'Rossmoor Prepper' How to Get Yourself and Your Household Ready for a Disaster

**Time: Monday, November 3, 2025 at 10 am
In the Peacock Hall (Movie Theater) and on Zoom**

[Zoom REGISTRATION LINK](#)

(Click on the link above to register to attend via Zoom)

RWC Public Safety Report (Slide 1 of 2)

Rossmoor is observing October as **Pedestrian Safety Awareness Month**
Neighbors for Safer Streets and RWC Public Safety are sponsoring two major events.

Thursday, October 16, 2025 in the Fireside Room **“Coffee with a Whole Lotta Cops”**

Doors open at 8:30 am, Program runs from 9 to 11 am

No RSVPs are required and there is no admission fee

- **The name shows how the event has grown from earlier “Coffee with a Cop” gatherings. This time, Capt. Jeff Slater of the Walnut Creek Police Department is bringing along about a dozen fellow officers.**
- **Tom Cashion, Rossmoor’s Director of Public Safety, WCPD’s Captain Jeff Slater and a team of WCPD officers will make presentations on traffic safety, crime prevention and neighborhood watch. This will be followed by a unique opportunity to talk with and ask questions of the WCPD officers at the tables.**

RWC Public Safety Report (Slide 2 of 2)

Monday, October 27, 2025 in the Fireside Room

Neighbors for Safer Streets Presents

“Street Stories III”

**Doors open at 8:30 am, Program runs from 9 to 11 am
No RSVPs are required and there is no admission fee**



- This year's Street Stories event will feature guest speakers, an intermission with coffee and breakfast snacks, and various organizations' Information tables. There will be a drawing (a free ticket for each person who attends) with a terrific group of prizes. And tying it all up in his inspiring way, Rossmoor's own Bill Leary.
- There will be information tables with representatives from Neighbors for Safer Streets, Rossmoor Counseling Services, Walnut Creek Safe Travelers Pledge, Mobility Matters, and the Rossmoor Emergency Preparedness Organization (EPO).

For more information contact neighbors4saferstreets@gmail.com



EPO Sponsored Red Cross Blood Drives for the Rossmoor Community

Dates and How to Sign Up to Donate Life-Saving Blood

Future Dates: October 17, 2025 and January 23, 2026

To Donate Whole Blood:

- 1) Go to www.redcrossblood.org
- 2) In place of zip code, enter “Rossmoorca”
- 3) Choose your time and fill it in as instructed

To Donate “Power Red” Blood: Call Colene Reams-Trinterud to confirm that you qualify [(925) 933-3016] or email her at trint@att.net

NOTE: www.redcrossblood.org is currently accepting sign-ups for the Blood Drives listed above.

Please call Colene Reams-Trinterud if you have any questions.

THANK YOU FOR YOUR ATTENTION

- **Colene Reams-Trinterud** (EPO Past-President, and Red Cross Blood Program Lead)
Email: trint@att.net, Phone: (925) 933-3016
- **Tom Cashion** (Rossmoor Public Safety Manager) Email: tcashion@rossmoor.com
Contact Tom at the Security/Public Safety Office - Phone: (925) 988-7841,
or contact the **Front Gate Emergency (24/7)**: Phone: (925) 939-0693
- **Lynn Carruthers** (President of Neighbors for Safer Streets)
Email: neighbors4saferstreets@gmail.com
Phone: (510) 359-6857
- **Mark Benthien** (Executive Director of the Earthquake Country Alliance)
Email: benthien@usc.edu
Earthquake Country Alliance: <http://www.earthquakecountry.org/>
The Great California ShakeOut: www.ShakeOut.org/california

Rossmoor's Emergency Preparedness Organization (EPO) website: www.rossmoorepo.org

Contact the New Rossmoor EPO Leadership Team
By Email at rossmoorepo@gmail.com