


# The EPO November Meeting will be "Preparing for the Potential Effects of a Record Breaking El Niño"

**Ken Jonah (Rossmoor EPO President) will focus on the potential serious weather forecast for the next couple of months.**

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Be **Red Cross** Ready Prepare so you can protect.

American Red Cross

# Be **Red Cross** Ready

Prepare so you can protect.

# Preparedness Essentials

American Red Cross

# Odds Are That Disaster Will Strike



- Disasters happen often and sometimes without warning.
- They can affect any community.
- It's a disaster if:
  - Normal response systems are overwhelmed
  - People are hurt
  - Property is damaged or destroyed

# Which hazards do we face?



Home Fire



Earthquake



Wildfire



Flood



Tsunami



Extreme Heat



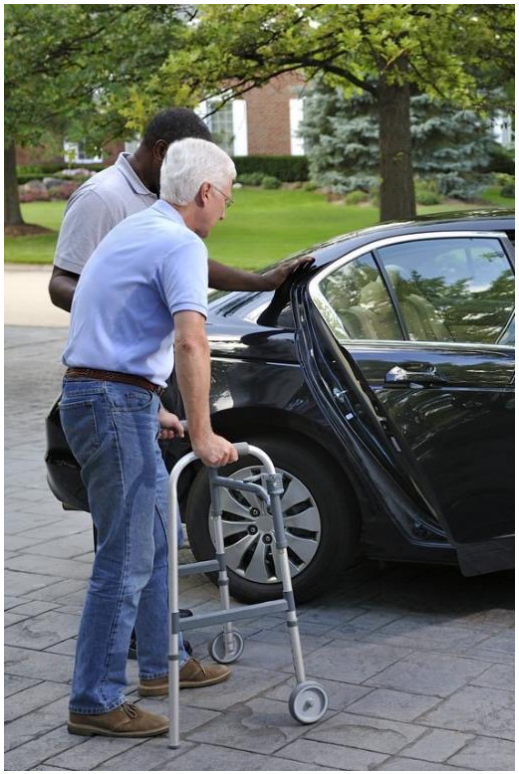
Landslide

**In every case, you will need to either**

- **Stay where you are or**
- **Evacuate**

# It Is Up To You To Be Ready

- Do not count on receiving help right away.
- You must be prepared to help:
  - Yourself
  - Your household
  - Neighbors
  - Older adults



# You Can Prepare



Each of us can prepare ourselves and our households for any disaster.

Preparing helps us:

- Stay safe
- Adapt to challenges
- Recover quickly

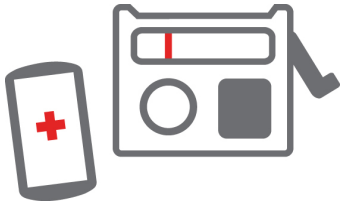
# Be Red Cross Ready



Get a Kit



Make a Plan



Be Informed

# Get a Kit

- Household kit – supplies for 3 days, 2 weeks is better
- Go-bag – mobile version, supplies for 3 days in case you need to evacuate quickly
- Supplies for each member of household
- Customize for personal needs and disasters common to your area



# Gather The Essentials

- What is essential every day
- Needs of every household member
- Keep it fresh



# Customize Your Kit

Add to your kit based on:

- Health or medical needs
- Pets and service animals
- Items that bring you comfort when stressed (playing cards, photos, books, games, etc.)
- Disasters common to your location

# A Kit for Everywhere



**Work**

- Single, easy-to-grab container
- Food and water
- Walking shoes



**Vehicles**

- Food and water
- First aid supplies
- Flares and jumper cables
- Seasonal supplies



**Next to Your Bed**

- Closed-toed Shoes
- Flashlight and Batteries
- Leather Gloves

# Make a Plan

Things to consider:

- Likely disasters
- Household members who travel
- Household members with access or functional needs
- Pets and service animals



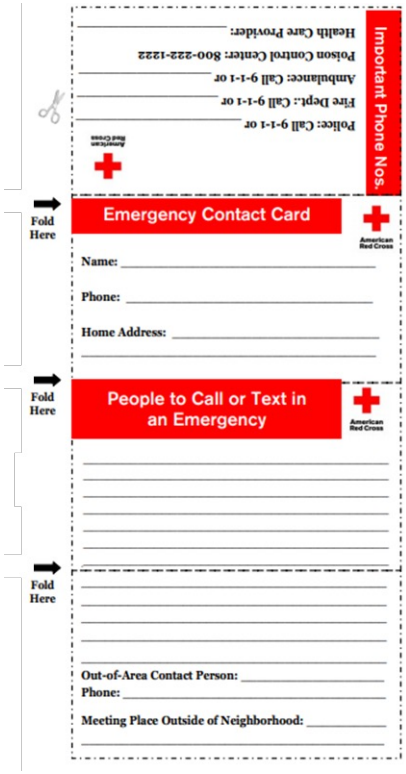
# Include the Right Details

- How to evacuate
- Where to meet
- How to communicate
- Important records
- Where you will stay
- Shelter in place



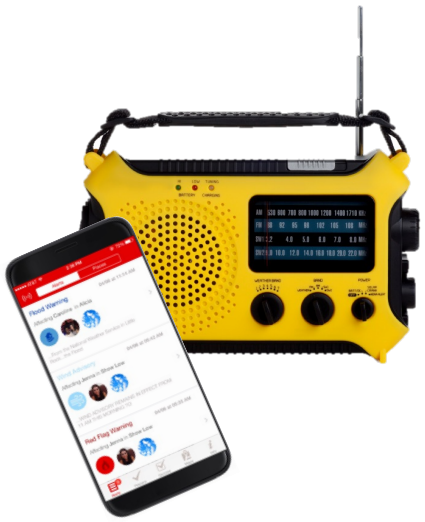

**Practice your plan.**

# Communication After a Disaster




- Carry the card at all times
- Memorize the emergency contact

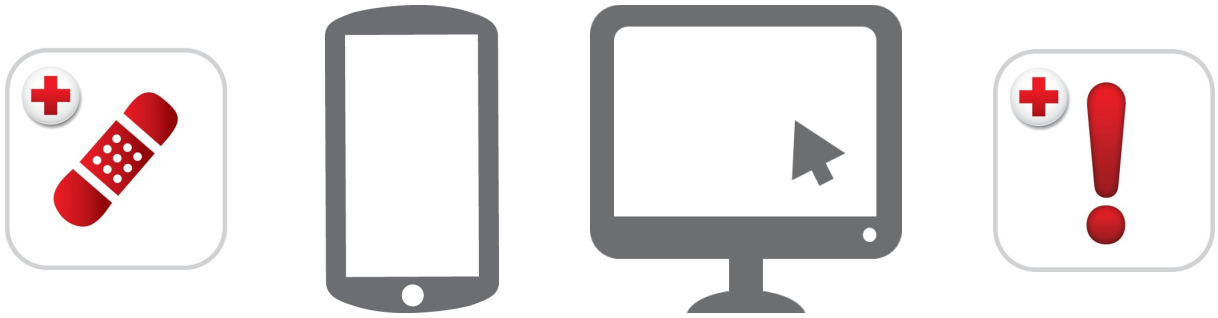
# Be Informed



- Identify how you will get information
- Understand weather alerts
- Follow instructions from authorities
- Know your neighbors
- Know what to do when travelling

# Tools

- Emergency Contact Cards to carry with you
- Red Cross Apps available for free from the Apple App Store and Google Play



# Be Red Cross Ready Checklist

- ✓ I know what disasters are most likely in my area.
- ❑ I have a household disaster plan and have practiced using it.
- ❑ I have a disaster preparedness kit.
- ❑ At least one member of my household is trained in CPR and First Aid.

# Be **Red Cross** Ready

*Prepare so you can protect.*

# Floods



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# Floods

- Most frequent natural disaster in the United States
- Can happen anywhere
- Always dangerous to people, animals, and property







# Flood Alerts

| Flood Watch | Flood Warning | Flash Flood Warning |
| --- | --- | --- |
| Possible | Imminent or Occurring | Imminent or Occurring |
| ▪ Stay tuned for updates.<br>▪ Be prepared to act. | ▪ Take action!<br>▪ Move to higher ground. | ▪ Take action!<br>▪ Move to higher ground. |

# Flood Risks



- Drowning
- Damage to land, buildings, and other property
- Contaminated water
- Mold

# Planning and Preparation



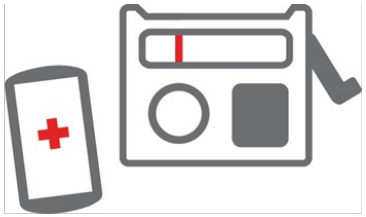
## Enhance kits

- Items to secure home
- Rain gear
- Evacuation items



## Tailor your plan

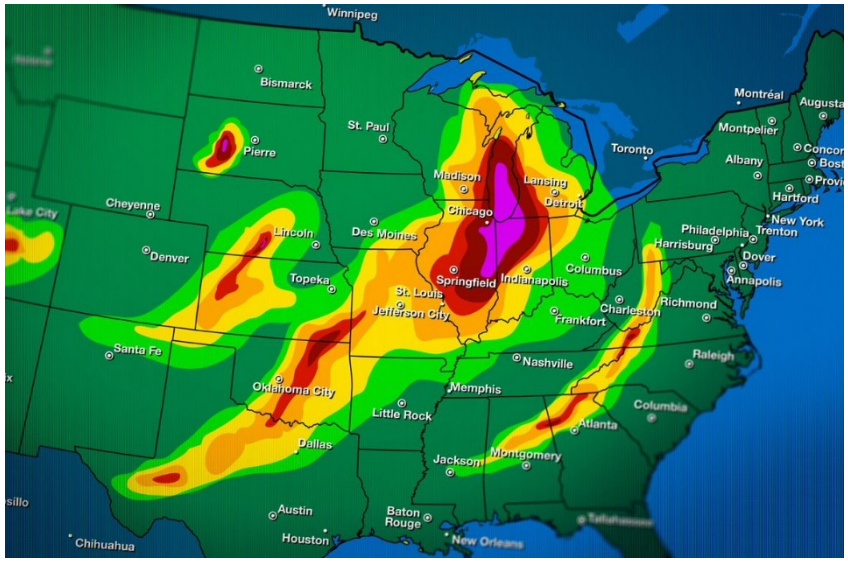
- Evacuation routes
- Household communication plan



## Stay informed

- Listen for updates and special instructions

# When a Flood is Predicted




- Prepare to evacuate.
- Check disaster kits.
- Secure important documents.
- Monitor local news and NOAA radio.

# During a Flood

- Get to higher ground.
- Stay away from areas that can quickly flood.
- Turn Around! Don’t Drown!
- Avoid contact with floodwater.





# After a Flood

- Let others know you're safe.
- Watch for post-flood hazards.
- Make sure water is safe to use.
- Take care of yourself, your household, and pets.
- Monitor local news and NOAA radio.



# Steps to Recovery

- Keep away from loose or downed power lines.
- Wear protective gear.
- Use a flashlight only – **NO** open flames.
- Leave immediately if you smell gas.




- Take pictures and save all receipts.
- Download the American Red Cross Emergency! App.

# Download the Red Cross Emergency App!

Monitor over 35 different severe weather and emergency alerts to keep you and your loved ones safe.

American Red Cross

