



**EPO “Room & Zoom” September meeting:  
“Help Wanted: Creating an EPO Training Video”**

**Time: Monday September 11, 2023 at 9:30 am  
In the Fireside Room, and online in Zoom**

# **Help Wanted:**

# **Creating an EPO Training Video**

**Darryl Wong, MPH**

**EPO Vice-President-In-Training for 2024**

**September 11, 2023, Fireside Room, Gateway Complex**



# Agenda



- Fran Gibson - Moment of Silence: In Remembrance of 9/11
- Welcome & Introductions
- Hybrid meeting Ground Rules
- Colene Reams-Trinterud - Red Cross Blood Drive on Oct 20, 2023
- Tom Cashion - Rossmoor Public Safety Report
- Darryl Wong - Meeting Goal(s), Why, How & What?
- Group Brainstorming Session - All Ideas Welcome!
- Next Steps/Future Plans

## GROUND RULES FOR THIS HYBRID ZOOM MEETING

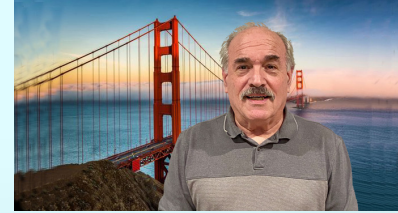
- We expect to have a lot of people in this meeting, so to avoid pandemonium, all attendee microphones will be automatically muted.
- Only the microphones of the presenters will be unmuted.
- Please keep your videos turned off, so only the presenters will be visible.
- Darryl Wong will facilitate the in-person discussion in the Fireside Room.
- You can submit your questions and comments using the CHAT control in Zoom, and Marcia McLean will be watching for CHAT questions and comments in Zoom, and will summarize them.
- Note that Zoom now includes LIVE TRANSCRIPTS for the hearing impaired. These can be turned on by clicking the CC icon in the Zoom controls.
- The meeting will be recorded, and a copy of the video (including Closed Captions in English and Subtitles in a large number of languages) will be posted to the EPO website ([rossmoorepo.org](https://www.rossmoorepo.org))



# THE FEATURED HYBRID MEETING PANELISTS



**Fran Gibson (Immediate Past-President, Rossmoor EPO)**



**Phil Mendelowitz (EPO President-in-Training for 2024)**



**Colene Reams-Trinterud (EPO Past-President, and Red Cross Blood Program Lead)**



**Tom Cashion (Rossmoor Public Safety Manager)**



**Darryl Wong (EPO Vice-President-in-Training for 2024)**



**Marcia McLean (Zoom Questions & Comments Moderator)**



**Harris Greenberg (EPO High Tech Coordinator)**





# **EPO Sponsored Red Cross Blood Drives for the Rossmoor Community**

## **Dates and How to Sign Up to Donate Life-Saving Blood**

**Future Date for 2023: Friday Oct 20<sup>th</sup>**

**To Donate Whole Blood:**

- 1) Go to [www.redcrossblood.org](http://www.redcrossblood.org)
- 2) In place of zip code, enter "rossmoorca"
- 3) Choose your time and fill it in as instructed

**Call or email Colene Reams-Trinterud if you have any questions:**

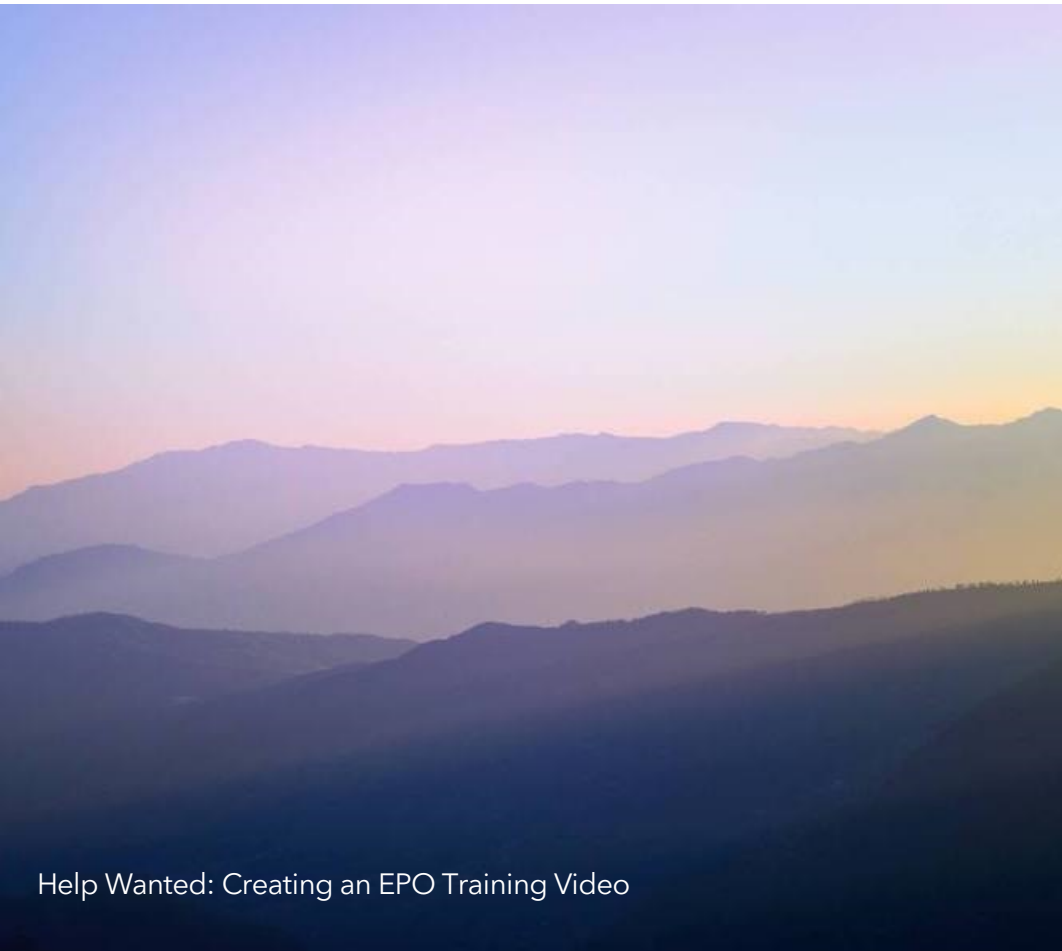
Phone: (925) 933-3016

Email: [trint@att.net](mailto:trint@att.net)

**NOTE: [www.redcrossblood.org](http://www.redcrossblood.org) is currently accepting sign-ups for all of the Blood Drives listed above.**



# What we're doing & Why



## **GOAL(s):**

Two tenets of community strategic planning prevail:

***Nothing about us, without us***

&

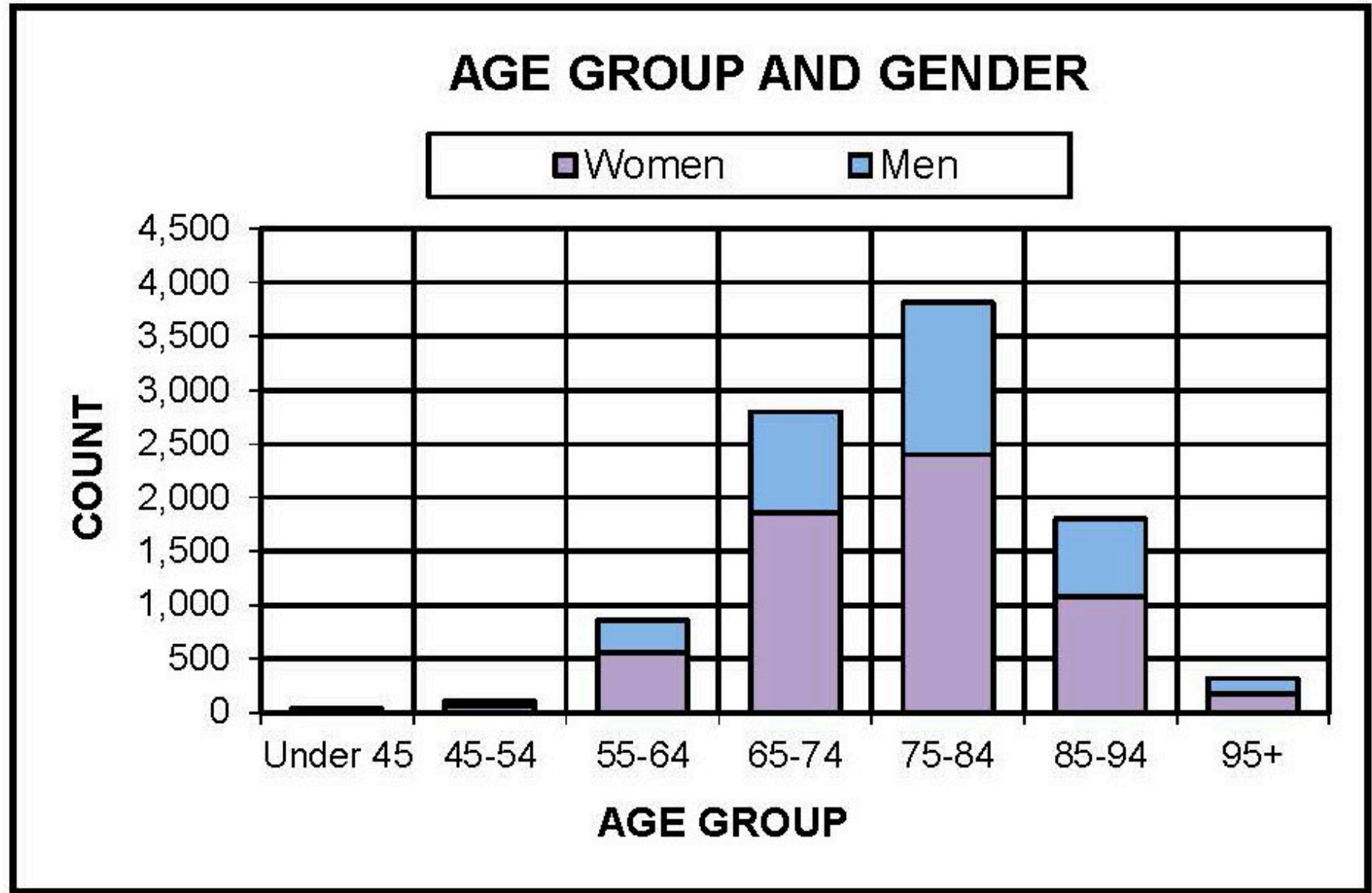
***Each One, Teach One***

Identifying major aspects of *effective neighborhood preparedness* &

Identifying what *should* be included in an upcoming training video on the *role of EPO teams* in their local entries & neighborhoods,

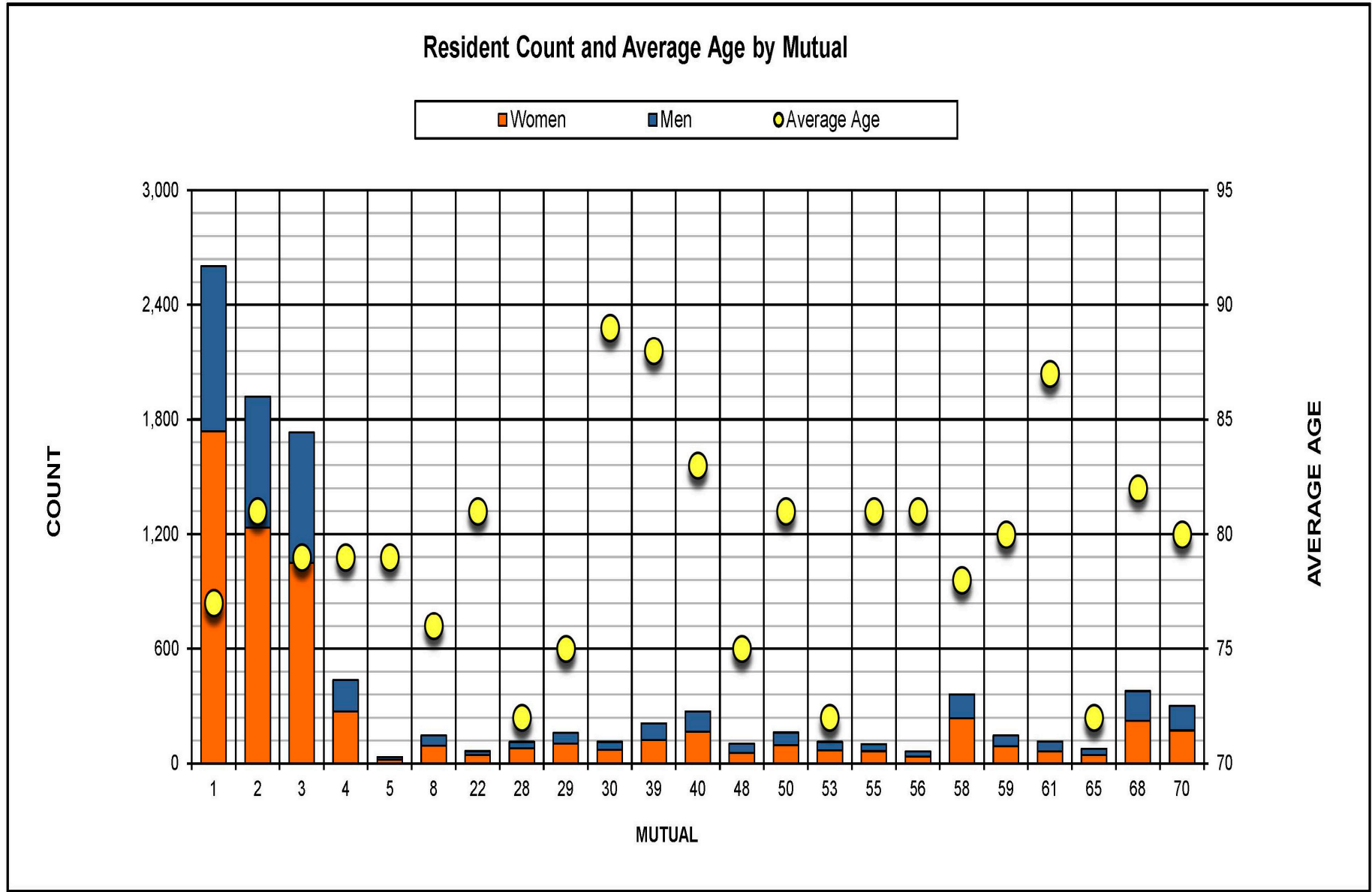


# of  
Rossmoor  
residents  
>65 yrs of  
age



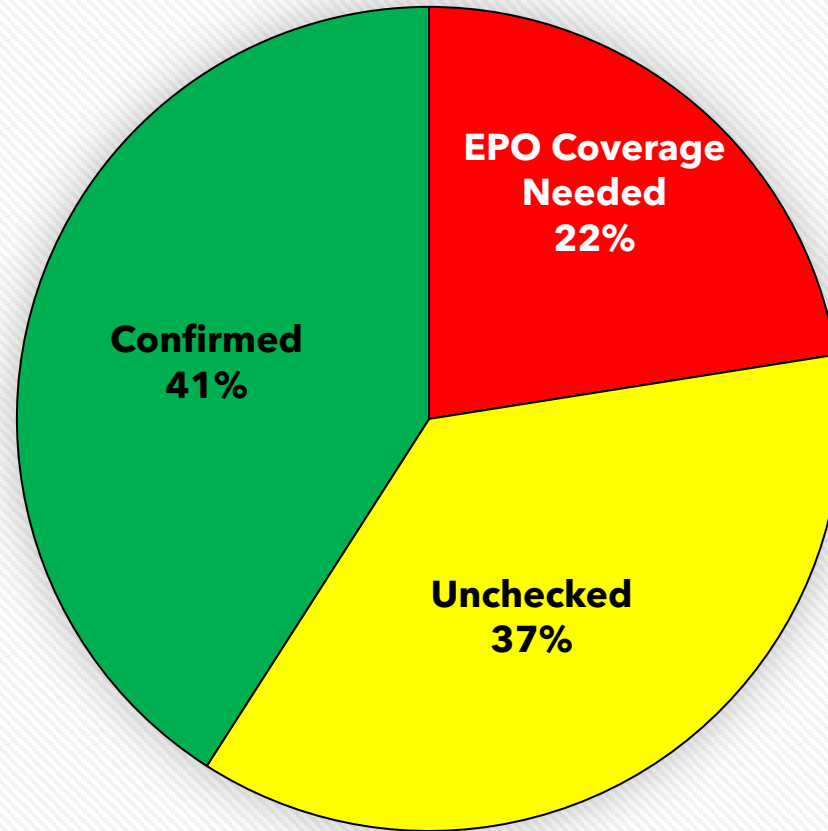
2022 Rossmoor Demographics from [www.rossmoor.com](http://www.rossmoor.com) website

# Resident Count and Average Age by Mutual



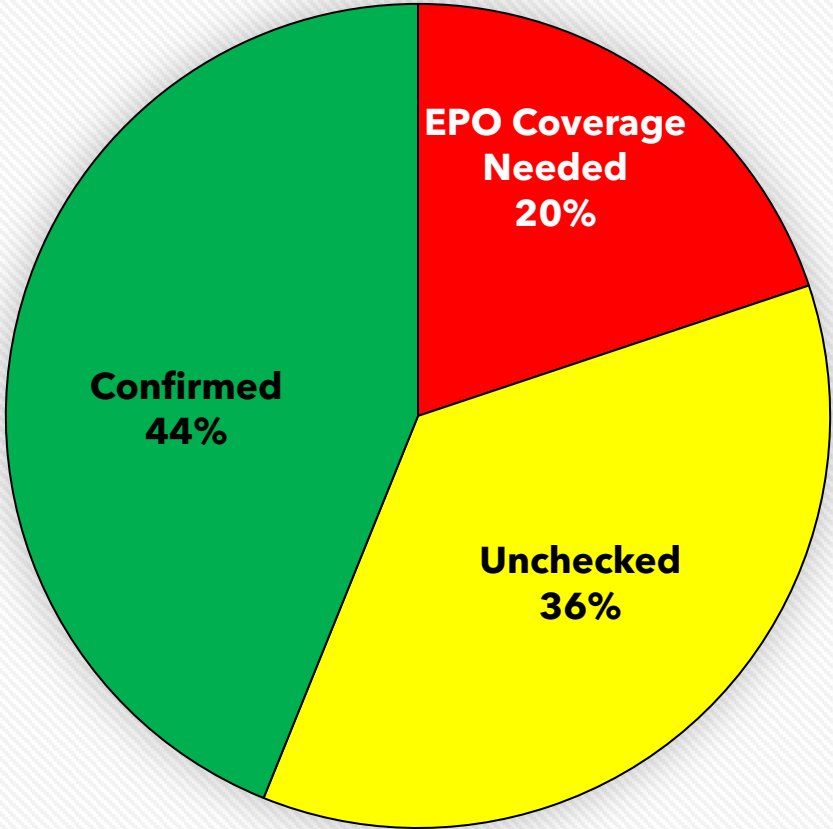
**January 2023  
Percentage of  
Rossmoor  
Manors with  
EPO Volunteer  
Coverage**

**Jan 2023 Status of EPO Volunteer Coverage  
for 6676 Residences in Rossmoor**



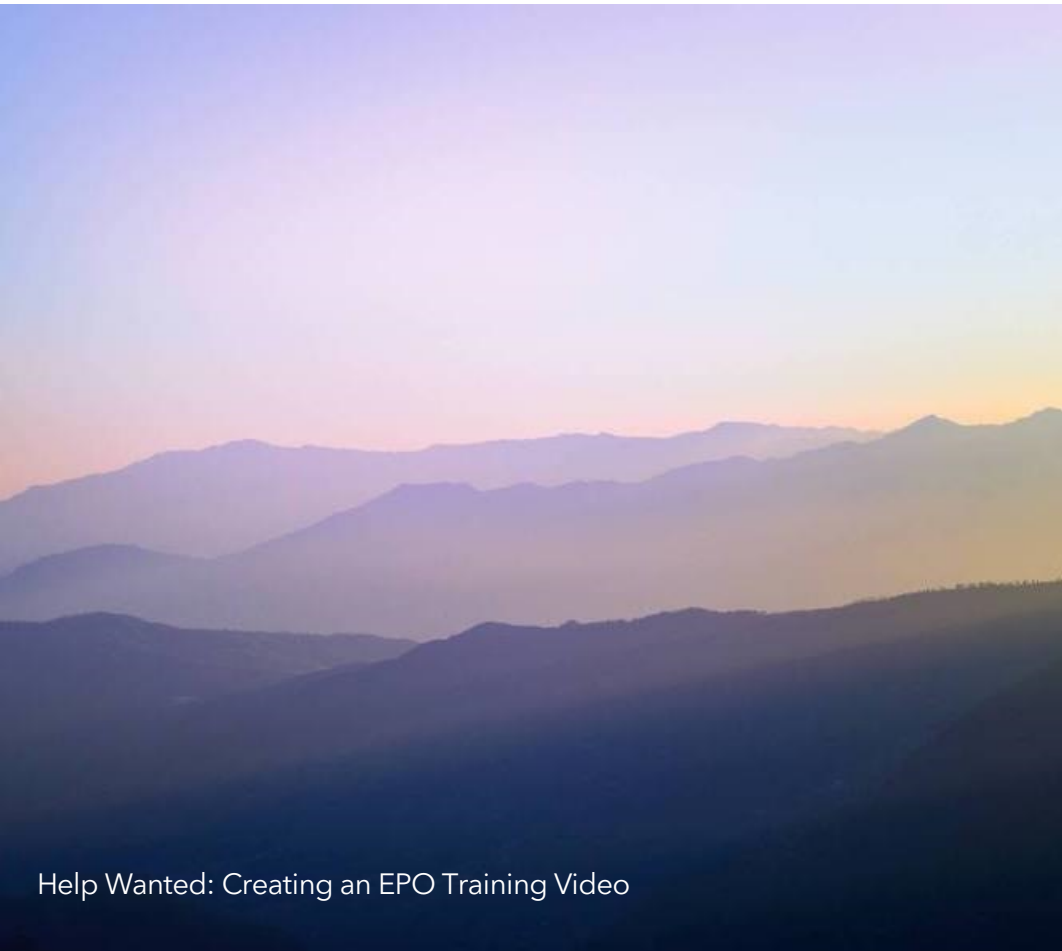
**August 2023  
Percentage of  
Rossmoor  
Manors with  
EPO Volunteer  
Coverage**

**Aug 2023 Status of EPO Volunteer Coverage  
for 6676 Residences in Rossmoor**





# What we're doing



With the input of EPO coordinators and their teams, we're developing and designing a training video giving our EPO teams an accessible, **"anytime, anywhere"** *on demand mechanism*.

We envision that this video training can become a strong and supportive tool for continuing and enhancing EPO's work & mission in our local entries/neighborhoods.

# Why a training video?

Information retention rates of 65% (video) vs 25% (on site/in person).

75% of people more likely to watch a video than access material through reading.

People forget 90% of what they've learned through reading or on-site training after 6 months!

# Your Entry / Street Characteristics



# Your neighbors

What best describes your entry / street?

How many residents have **special needs** that will deter them from remaining safe post-disaster?

Do you have a **buddy system** to assist special needs residents?

Do you have **up to date emergency contact information** for all residents?

Does each Manor have an **Emergency Plan, including Communication Plan & an Evacuation Plan**?



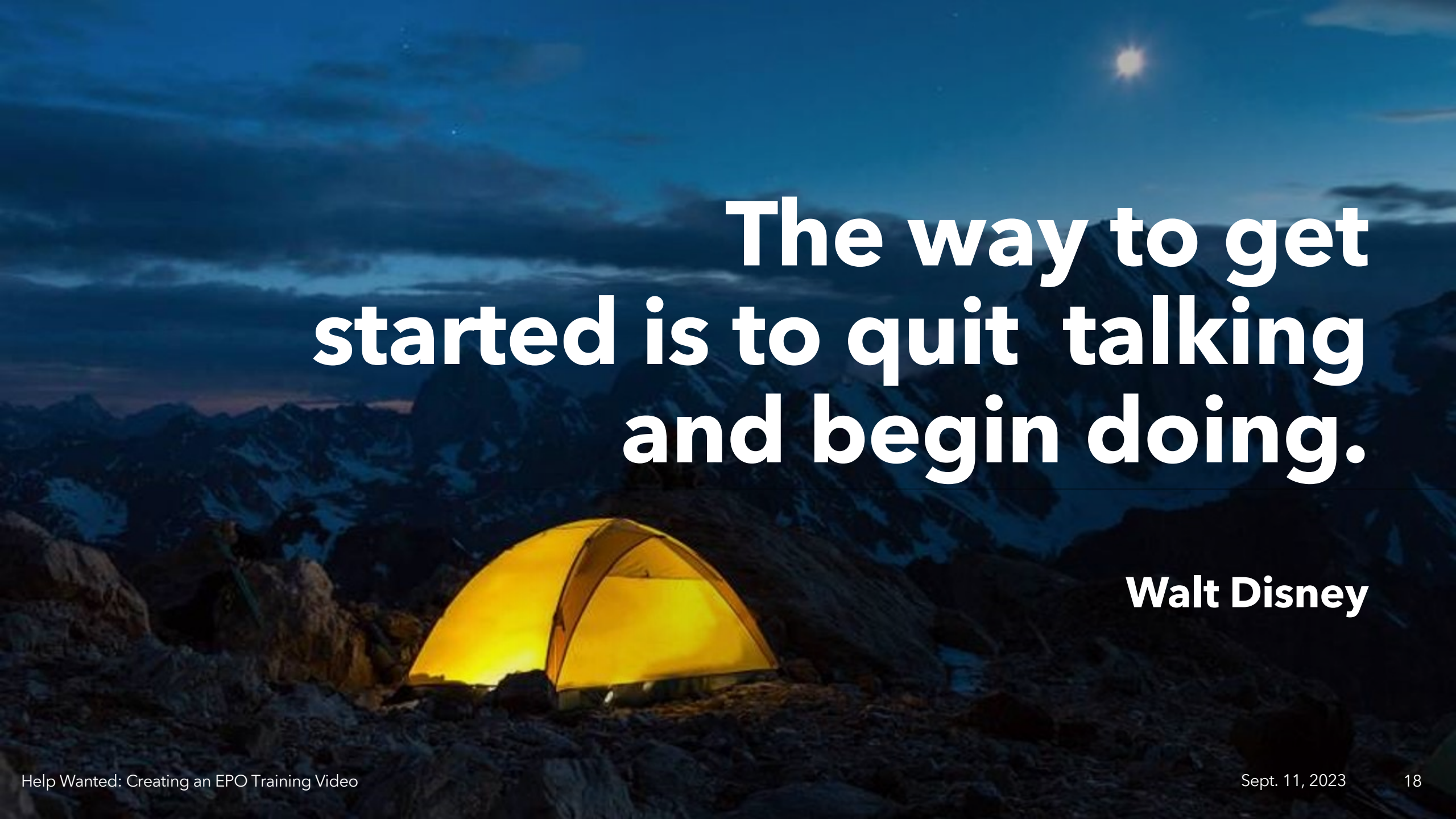
# Challenges/Opportunities

What is the **greatest challenge** that your local EPO team has identified/encountered?

What are the remaining **unresolved challenges** facing EPO teams?

What **future topics and trainings** should EPO provide for local teams?

What **basic information should be included in our master training video** for established, new or “struggling” EPO teams?

A glowing yellow tent is pitched on a rocky mountain peak at night. The tent is illuminated from within, casting a warm yellow light. The background shows dark, rugged mountain ranges under a deep blue night sky with a few stars and a bright moon in the upper right corner.

**The way to get  
started is to quit talking  
and begin doing.**

**Walt Disney**



**Darryl  
Wong**

**Rossmoor  
Emergency  
Preparedness  
Organization  
(EPO)**

**[Rossmoorepo.org](https://Rossmoorepo.org)**

**Thank you**



# THANK YOU FOR YOUR ATTENTION

- **Colene Reams-Trinterud** (EPO Past-President, and Red Cross Blood Program Lead)  
**Email: trint@att.net, Phone: (925) 933-3016**
- **Tom Cashion** (Rossmoor Public Safety Manager) **Email: tcashion@rossmoor.com,**  
**Contact Tom at the Security/Public Safety Office - Phone: (925) 988-7841,**  
**or contact the Front Gate Emergency (24/7): (925) 939-0693**
- **Darryl Wong** (EPO Vice-President-in-Training for 2024) - **Email Fran Gibson to contact Darryl**

**Fran Gibson** (EPO Past-President) **Email: rossmoorepo@gmail.com,**  
**Phone: (925) 300-3687**