Presentation sponsored by the Third Walnut Creek Mutual (TWCM) Emergency Preparedness Committee

prepared by Harris R. Greenberg

# Starting Early: Financial Preparation for Disasters and Emergencies

The following FEMA web page explains the essentials of financial preparedness: <u>https://www.ready.gov/financial-preparedness</u>



A = Federal Emergency Management Agency



= nonprofit organization HOPE Coalition for America

Presented at the Rossmoor EPO Emergency Preparedness Fair, September 28, 2019

#### Being Ready for a Disaster is More Than Storing Water & Supplies



- You also need to be financially ready.
- This presentation is designed to show you where to get the tools you need to develop a Portable File of Important Documents, and a Household Inventory, to supplement your "grab & go kit."

## **Topics for Discussion**

- Pre Disaster Planning Resources and Suggestions
- Categories of Information You'll Need to Gather
- A List of Pre-Planning and Post Disaster Recovery References and Resources

### There are Some Resources That Can Help You Prepare!

- Emergency Financial First Aid Kit (EFFAK)\*
  - The Emergency Financial First Aid Kit is available for free from FEMA.
  - Call (800) 480–2520 to ask for a copy of the document, or download it from the web
  - In an emergency, if you can't use the internet, you can call FEMA at: (800) 621-FEMA (3362)

#### Operation HOPE\*

- Provides help with the EFFAK, Call (888) 388-HOPE (4673)
- Also provides help recovering after a disaster: counseling services, recovery budgets, help with home inspections & repair, and help working with creditors

#### Emergency Financial First Aid Kit (EFFAK)

Strengthen Your Financial Preparedness for Disasters and Emergencies

March 2018 FEMA P-1075/March 2018

FEMA

EFFAK



\*Note: Links to these resources are given at the end of this presentation

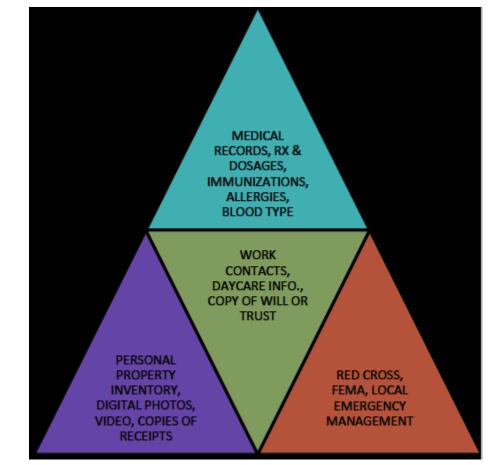
# Getting Started – Think Ahead

- When disaster strikes, <u>your immediate concern will be your safety and the</u> <u>safety of those you care about</u>.
- After the immediate danger passes, <u>your financial and medical records</u> and important contact information will be crucial to help you start the recovery process quickly.
- <u>Taking time now to safeguard these critical documents will give you</u> <u>peace of mind</u>, ensure you have access to essential medical and prescription information, and help you avoid additional stress during the difficult days following a disaster.
- In addition, <u>take the time now to think about the priceless personal items</u> you would want to protect from damage or take with you if you had to suddenly evacuate your home.

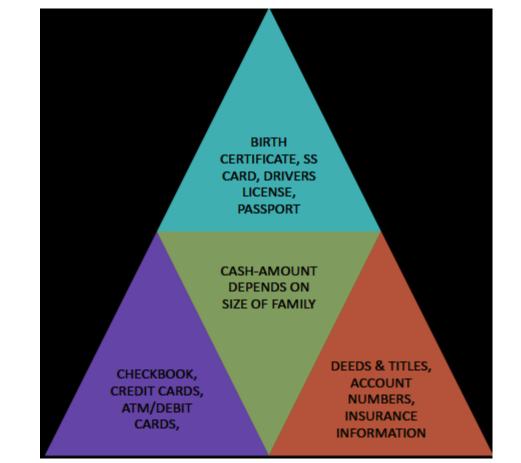
## Now Use Checklists to Take Action

- The first step is to take an inventory of your household documents, contacts, and valuables. The sample categories presented here will get you started.
- Then download the Emergency Financial First Aid Kit (EFFAK) for more complete checklists and guidance on collecting and safeguarding this important information. You can call (888) 388-HOPE (4673) for help completing your EFFAK.
- When using the EFFAK checklists, put a checkmark next to any item that you may need to collect and safeguard.
- Be sure to include emergency contact phone numbers or other contact information with your documentation for questions that may arise following a disaster.

# Categories of Information Covered in the FEMA Checklists



Info for insurance and assistance from aid organizations



Items for immediate use & proof of identity and ownership

### **Protect Your Documents and Valuables**

- <u>Consider storing paper copies of important documents</u> at home in a fireproof and waterproof box or safe, in a bank safe deposit box, or with a trusted friend or relative. If you are using a safe deposit box, you may want to ask your bank or check State laws to confirm who can and cannot access the safe deposit box if the lessee dies or is incapacitated.
- <u>Store electronic copies of important documents in a password-protected format</u> on a removable flash or external hard drive in your fireproof and waterproof box or safe, or consider using a secure cloud-based service. Visit <u>www.us-cert.gov/ncas/tips/st04-019</u> to learn how to use electronic encryption to protect sensitive information.
- <u>Think about where you store valuable belongings and ways to better protect these</u> <u>items.</u> If you have valuable items stored in a basement, you may want to move them to a higher location and put them in waterproof containers to avoid water damage. Or you may want to keep small items in a flood/fireproof home safe. You may also want to secure items that are displayed on shelves or walls if your home may be subject to high winds or earthquakes.

## Post Disaster Recovery Tips

- Document everything
  - Take pictures
  - Keep a journal and include a calendar of events
- Resources to contact
  - Your insurance company
  - If you can't use the internet, call FEMA at: (800) 621-FEMA (3362)
  - Red cross
  - Churches, non profits
  - United Way call 211
- United Way supports 2-1-1 (by phone or computer <u>www.211.org</u>), a free and confidential service that helps people across North America find the local resources they need 24 hours a day, 7 days a week.

#### **References & Resources**

• Emergency Financial First Aid Kit (EFFAK): Call FEMA at (800) 480–2520 to ask for a copy or download online.

https://www.fema.gov/media-library-data/1524144185649-5dd9736e7ff89b5997182396f4e13fee/Emergency Financial First Aid Kit (EFFAK) signed 04.09.18 508.pdf

• **Operation HOPE:** Provides help with the EFFAK Call (888) 388-HOPE (4673), as well as counseling services, disaster recovery budget, help with home inspections & repair, and help with working with creditors

https://www.operationhope.org

• The Consumer Financial Protection Bureau (CFPB): Cautions about consumer fraud and scams to watch out for after a disaster in addition to providing preparation checklists.

https://www.consumerfinance.gov/about-us/blog/prepare-your-finances-for-emergencies/

• **Disaster Assistance Programs:** Find disaster assistance that meets your personal needs. Learn about more than 70 forms of assistance from 17 federal agencies. Simplified application process for disaster assistance.

https://www.disasterassistance.gov

• The University of Minnesota Extension Family Financial Toolkit: This toolkit helps families move towards financial recovery after a disaster. contact Sara Croymans; (320-589-1711; <a href="mailto:croym001@umn.edu">croym001@umn.edu</a> )

https://extension.umn.edu/financial-recovery/recovery-after-disaster-family-financial-toolkit

# Additional Background Information on the FEMA EFFAK Checklists

#### Background Information on the FEMA EFFAK Checklists 1 of 3

The EFFAK contains the following four sections of key records and contact information, each with checklists and forms you can use:

- Household Identification (EFFAK Page 6)
  - Prove the identity of all household members in a post-disaster situation;
  - Maintain or re-establish contact with your family or other members of your household;
  - $\circ$   $\,$  Maintain contact with your employer or the employers of others in your household; and
  - Apply for FEMA disaster assistance benefits (along with the information contained in the Financial and Legal Documentation section).

#### • Financial and Legal Documentation (EFFAK Page 12)

- Housing payments
- Other financial obligations (for example, utility bills, credit/debit card accounts)
- Financial accounts (for example, checking, savings, or retirement accounts)
- o Insurance policies
- o Sources of income
- o Tax statements
- $\circ$  Estate planning

#### Background Information on the FEMA EFFAK Checklists 2 of 3

- Medical Information (EFFAK Page 20)
  - $\circ$  Health/dental insurance, Medicare, Medicaid, VA health benefits
  - $\,\circ\,$  List of medications, immunizations, allergies, prescriptions, medical equipment and devices, pharmacy information
  - $\,\circ\,$  Living will, medical power of attorney
  - $\odot$  Caregiver agency contract or service agreement
  - Disabilities documentation
  - Contact information for doctors/specialists, dentists, pediatricians, veterinarians
- Household Contacts (EFFAK Page 22)
  - $\circ~$  Children or other family members not living at home
  - Employers/supervisors
  - $\circ$  Schools
  - $\circ~$  Houses of worship
  - $\circ~$  Social service providers
  - Home Owners Associations
  - Home Repair Services: utilities, plumber, roofer, carpenter, electrician

#### Background Information on the FEMA EFFAK Checklists 3 of 3

Each section of the EFFAK includes checklists and contact forms to assist you in collecting and assembling your relevant documents and information. Each checklist includes the following columns:

- **Type of Document:** This column provides a list of the specific documents for the category (for example, driver's license, bank statements, and health insurance cards).
- Have: Check the box in this column if you have either a paper or electronic copy of the listed document.
- Need: Check the box in this column if you determine that you need this document, but you do not have a copy. Once you have obtained the document, you can check the "Have" column and enter the date in the "Date Added/Updated" column.
- N/A [Not Applicable]: Check the box in this column if you determine that you do not need this document or that it does not apply to you, your family, or your household. Remember to review your checklist and update documents if your household circumstances change.
- Date Added/Updated: Enter the date in this column when you add the paper and/or electronic copy of a document to your EFFAK. This information will serve as a handy reference point to remind you when it is time to review or update the document. You can then enter the new date in this column when you do a recheck or update.
- **Tips and Links:** This column provides additional details on your documents, as well as suggestions and links on how to contact agencies or organizations to request paper or electronic copies of your documents.