



**Rossmoor EPO's January Zoom meeting:**

**“Preventing Falls in your Future”**

**Time: Online Monday January 4, 2021 at 9:30 am**

# THE FEATURED ZOOM MEETING PANELISTS



**Fran Gibson**  
(President, Rossmoor EPO)



**Christine Monsen (EPO Q&A  
and Comment Moderator)**



**Colene Trinterud**  
(EPO past-President, and Red  
Cross Blood Program Lead)



**Dennis Bell (Rossmoor Public  
Safety Manager)**



**Lisa Katzki, RN, BSN, PHN**



**Jasmine Hajyan-Quigley, LCSW**  
(Rossmoor Counseling Center)



**Harris Greenberg (EPO High  
Tech Coordinator)**

## GROUND RULES FOR THIS ZOOM MEETING

- We expect to have a lot of people in this meeting, so to avoid pandemonium, all attendee microphones will be automatically muted.
- Only the microphones of the presenters will be unmuted.
- Please keep your videos turned off, so only the presenters will be visible.
- You can submit your questions and comments using the CHAT control in Zoom.
- Christine Monsen will be watching for CHAT questions and comments, and will summarize them and address them to the presenters.
- The meeting will be recorded, and a copy of the video (including Closed Captions in English and Subtitles in several languages) will be posted to the EPO website ([rossmoorepo.org](http://rossmoorepo.org))

# AGENDA

- **Fran Gibson, (President, Rossmoor EPO)**, will provide and update on EPO activities and upcoming meetings.
- **Colene Trinterud (EPO past-President, and Red Cross Blood Program Lead)**, - will provide and update on the EPO / Red Cross January 6, 2021 Blood Drive.
- **Dennis Bell (Rossmoor Public Safety Manager)**, will report on Securitas's annual fall statistics and the Stair Trac Wheelchair Assistance program.
- **Lisa Katzki, RN, BSN, PHN**, will address what you can do to prevent future falls
- **Jasmine Hajyan-Quigley (Rossmoor Counseling Center)**, will describe how the Rossmoor Counseling Center helps residents deal with falls that you couldn't avoid.
- **Christine Monsen (Q&A and Comment Moderator)**, will summarize the questions and comments and will address them to the presenters.
- **Closing remarks by Fran Gibson**



# EPO Sponsored Red Cross Blood Drives for the Rossmoor Community

## Dates and How to Sign Up to Donate Life-Saving Blood

**Future 2021 Dates: January 6, April 21, July 30 and October 8**

**To Donate Whole Blood:**

- 1) Go to [www.redcrossblood.org](http://www.redcrossblood.org)
- 2) In place of zip code, enter "Rossmoor"
- 3) Choose your time and fill it in as instructed

**To Donate "Power Red" Blood:** Call Colene Trinterud to confirm  
that you qualify [(925) 933-3016]  
or email her at [trint@att.net](mailto:trint@att.net)

**NOTE:** currently only January 6 and April 21 dates are showing on Red Cross's web site. The Rossmoor News and EPO's web site will alert you when the July 30 and October 8 dates can take sign-ups. **Please call Colene Trinterud if you have any questions.**

# THANK YOU FOR YOUR ATTENTION

**Colene Trinterud** (EPO past-President, and Red Cross Blood Program Lead) [trint@att.net]

**Dennis Bell** (Rossmoor Public Safety Manager) [dbell@rossmoor.com]

**Lisa Katzki** (RN, BSN, PHN) [lisa@readycareco.com]

**Jasmine Hajyan-Quigley** (LCSW, Rossmoor Counseling Center) [JHajyan@rossmoor.com]

Rossmoor's Emergency Preparedness Organization (EPO) website: **[www.rossmoorepo.org](http://www.rossmoorepo.org)**

If you have any questions or comments, please email:

**EPO President Fran Gibson: [rossmoorepo@gmail.com](mailto:rossmoorepo@gmail.com)**